 **Key Theme:** Waiting is an active process in God's plan for our lives. During our waiting seasons, God is working on us, refining us, and strengthening our faith. Our response in these moments can determine how we grow spiritually.


Opening Question:

- Have you ever had to wait for something that felt like it was taking longer than expected? How did you feel during that time? Anger, Bitter, Boredom, Frustration, or Relaxed?

(Transition: Just as we experience delays in everyday life, there are moments when God puts us on hold. Let's explore how we can grow spiritually during these waiting seasons.)


Isaiah 40:31 (KJV) – "But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint."

1. God is Working on You While You Wait


 **Psalm 63:7-8 (KJV)** – "Because thou hast been my help, therefore in the shadow of thy wings will I rejoice. My soul followeth hard after thee: thy right hand upholdeth me."

Discussion Questions:

- How can waiting be a time for spiritual growth?
- What is something you feel God has been teaching you in your waiting season?


 **Point to Make:** Just like David, who was anointed as king but had to wait, our time in waiting is God's opportunity to shape us for the next season of our lives.

2. Trusting in God's Holding Power


 **Psalm 63:7-8 (KJV)** – "Because thou hast been my help, therefore in the shadow of thy wings will I rejoice."

Discussion Questions:

- What does it mean that God is "holding you up" during your waiting season?
- How can we trust God when we feel like we're being held back?


 **Point to Make:** God isn't holding us down—He's holding us up. Even in our waiting, He's strengthening us, protecting us, and preparing us for the future.

3. Worship While You Wait


 **Psalm 34:1 (KJV)** – "I will bless the LORD at all times: his praise shall continually be in my mouth."

Discussion Questions:

- Why is worship so powerful, even in our waiting times?
- How can we make worship a part of our daily lives, especially when it feels like we're in a season of waiting?


 **Point to Make:** Worship during the waiting period is not just a passive act—it's an active decision to praise and trust God. Our worship breaks down barriers and opens doors.

4. Renewing Your Strength in the Wait

 **Isaiah 40:31 (KJV)** – "But they that wait upon the LORD shall renew their strength."

Discussion Questions:

- What does it mean to "renew your strength" in the waiting season?
- What are some practical ways we can use our waiting time to grow spiritually?

 **Point to Make:** Waiting isn't a time of inactivity. It's a time to refuel spiritually by drawing closer to God through prayer, reading His Word, and reflecting on His promises.

Sometimes we wait for the wrong things, not realizing that God has something better in store. Our waiting needs to align with His will and His purpose for our lives.

Closing Thoughts & Challenge:

- Reflect on your current season of waiting. What are you learning during this time?
- Make a commitment to worship, pray, and trust God during your waiting. Let it be an active time of renewal and growth.
- Identify areas where you might be waiting on the wrong things and shift your focus to align with God's plan for you.

God is using your waiting time to shape you, renew you, and prepare you. Will you trust Him in the waiting?
